



Seneca High School Lunch

May 2025



*Menus are subject to Change

WHAT MAKES A MEAL?

Students must choose at least 3 of 5 components available for the school lunch.

The components include:

- Meat or Meat Alternative
- Choice of Vegetable
- Choice of Fruit
- Choice of Grain/Bread
- Choice of Milk

*a half cup portion of a fruit or vegetable must be one of the 3 components

Build Your Own →

Yogurt Parfait →

Salad of the Day →

Monday

5
Beef Empanada
BYO Breakfast Bar w/ Sandwich
Chicken Patty Sandwich
White Pizza
Golden Corn
Churros Bites

12
Ham & Cheese Pretzel Sandwich
BYO Breakfast Bar w/ Sandwich
Crispy Chicken Patty Sandwich
White Pizza
Seasoned Green Beans

19

26



Breakfast Bar
Yogurt Parfait w/ Granola
Chef Salad w/ Ham & Fresh Bread

Tuesday

6
Grilled Cheese w/ Tomato Soup
BYO Burger Bar
Crispy Chicken Patty Sandwich
Hot Honey Chicken Pizza
Seasoned Steamed Broccoli

13
Walking Taco
BYO Burger Bar
Crispy Chicken Patty Sandwich
Taco Pizza
Golden Steamed Corn

20

27

Burger Bar
Yogurt Parfait w/ Granola
Garden Salad w/ Breaded Chicken & Fresh Bread

Wednesday

7
Chicken Bacon Ranch Flatbread
BYO Nacho Bar
Crispy Chicken Patty Sandwich
Meat Lover's Pizza
Seasoned Green Beans

14
French Toast Sticks w/ 2 Sausage Patties
BYO Nacho Bar
Crispy Chicken Patty Sandwich
Sausage Pizza
Crispy Tater Tots

21

28

Nacho Bar
Yogurt Parfait w/ Granola
Garden Salad w/ Egg, Cheese & Fresh Bread

Thursday

1
BYO Asian Bar (2 lines)
Crispy Chicken Patty Sandwich
Buffalo Chicken Pizza
Steamed Broccoli

8
Nashville Honey Hot Breaded Chicken Sandwich
BYO Pasta Bar
Bosco Cheese Sticks
Buffalo Chicken Pizza
Nashville Hot Fries

15
BYO Asian Bar (2 Lines)
Crispy Chicken Patty Sandwich
Buffalo Chicken Pizza
Seasoned Steamed Broccoli

22

29

Pasta or Asian Bar
Yogurt Parfait w/ Granola
Caesar Salad w/ Grilled Chicken & Fresh Bread

Friday

2
Chicken Quesadilla
BYO Salad Bar
Crispy Chicken Patty Sandwich
Chicken Bacon Ranch Pizza
Oven Roasted Bell Peppers & Onions

9
Dutch Waffle & Chicken
BYO Fries/Tots Bar
Crispy Chicken Patty Sandwich
Chicken Bacon Ranch Pizza
Crispy Tater Tots

16
Baked Ham w/ Dinner Roll
BYO Salad Bar
Crispy Chicken Patty Sandwich
Chicken Bacon Ranch Pizza
Creamy Mashed Potatoes w/ Gravy
Golden Corn

23



30
Smith's Hot Dog on a Bun
Assorted Chips
Fruit Juice Rush
Freshly Baked Cookie
Baby Carrots

Potato or Fresh Salad Bar
Yogurt Parfait w/ Granola
Popcorn Chicken Salad & Fresh Bread

This institution is an equal opportunity provider.

OTHER DAILY OFFERINGS:

Fresh Dough Cheese Pizza
Fresh Dough Pepperoni Pizza
MTO Deli Subs & Wraps

DAILY FRUITS & VEGETABLES MAY INCLUDE:

Broccoli Florets
Baby Carrots
Cucumber Slices
Celery Sticks
Green Pepper Strips
Roasted Chickpeas
Crisp Apples
Bananas
Juicy Oranges
Diced Peaches
Diced Pears
Applesauce

DAILY MILK CHOICES:

Low Fat White
Low Fat Chocolate
Low Fat Strawberry